CHOICE TRAVEL CHECKLIST: CHINA



To do

- Passport: Is it up to date? It must have at least six months' validity.
- ☐ Visa: Have you secured your Chinese visa?
- Vaccinations: Have you checked which shots you may need?
- **Travel insurance**: Are you covered?
- Safety: Have you registered your travel plans with smartraveller.gov.au and checked the latest safety advice on the region you're travelling to?
- Money: Have you told your bank you're going overseas and do you know how you'll be paying for things in China?
- **Booking**: Have you booked accommodation?
- <u>Transport</u>: Do you know how you'll get from the airport to your accommodation?
- Getting around: Do you know how you'll get around China, and do you need to pre-book any tickets?

- Phone: Have you switched off data roaming and voicemail? If you're planning to use a local or travel SIM, is your phone unlocked?
- Apps: Have you downloaded offline maps, travel apps or the <u>CHOICE China travel guide</u> onto your mobile?
- Medication: If you're travelling with prescription medication, do you have the original prescriptions and a letter of explanation from your doctor?



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To pack

- **Tickets**
- Money (cash and cards)
- Passport
- A copy of your <u>travel insurance</u> details
- ☐ A list of emergency contacts at home and in China
- Your hotel address written in Chinese characters (and any other important information such as food allergies)

- Chargers and a power adapter
- Mosquito repellent and mosquito-proof clothing if travelling to sub-tropical areas
- Any regular medication (in original packaging, with prescriptions and doctor's letter)



Tip: You can bring medication into China as long as it's a "reasonable amount for personal use". No matter where you travel, you should carry all medications (even vitamins) in their original packaging, along with their original prescription. It's also a good idea to carry a letter from your doctor explaining what the medications are (using generic names), what they're for and dosage instructions.

