

USA CHECKLIST

BEFORE YOU GO

A checklist of the most important things you need to do and pack before visiting the USA.

To do

- ☐ **Passport:** Is it up to date?
- ☐ **Entry requirements:** Do you have a valid ESTA or visa?
- ☐ **Vaccinations:** Are all your routine vaccinations up to date?
- ☐ **Travel insurance:** Are you covered?
- ☐ **Safety:** Have you registered your travel plans with smartraveller.gov.au and checked the latest safety advice on the region you're travelling to?
- ☐ **Money:** Have you told your bank you're going overseas and do you know how you'll be paying for things in the USA?
- ☐ **Booking:** Have you booked accommodation for at least the first night?
- ☐ **Transport:** Do you know how you'll get from the airport to your accommodation?
- ☐ **Getting around:** Do you know how you'll get around, and do you need to pre-book any tickets?
- ☐ **Driving:** If you're planning on hiring a car, do you have the appropriate licence and are you familiar with US road rules?
- ☐ **Phone:** Have you switched off data roaming and voicemail? If you're planning to use a local or travel SIM, is your phone unlocked?
- ☐ **Voltage:** Have you checked that your Australian appliances will be compatible with US voltage?
- ☐ **Apps:** Have you downloaded offline maps, travel apps or the [CHOICE USA travel guide](#) onto your mobile?
- ☐ **Medication:** Have you checked that your regular medication is legal to bring into the USA?

To pack

- ☐ [Tickets](#)
- ☐ [Money](#) (cash and cards)
- ☐ [Passport](#)
- ☐ Your [ESTA](#) application number or a print-out of your approval
- ☐ A copy of your [travel insurance](#) details
- ☐ A list of [emergency contacts](#) at home and in the USA
- ☐ [Power adapter](#) and chargers (a transformer if necessary)
- ☐ Any regular medication (in original packaging, with prescriptions)



Tip: No matter where you travel, you should carry all medications (even vitamins) in their original packaging, along with their original prescription. It's also a good idea to carry a letter from your doctor explaining what the medications are (using generic names), and what they're for and dosage instructions.

If you're travelling to (or transiting through) countries with strict drug laws, check with the country's embassy to ensure your medication is not a restricted drug.