CHOICE TRAVEL CHECKLIST: MALAYSIA



To do

- Passport: Is it up to date? It must have at least six months' validity from your date of arrival in Malaysia.
- Entry requirements: Do you have a return or onward ticket? You'll need one to gain entry to the country.
- Vaccinations: Have you checked which vaccinations you may need?
- **Travel insurance**: Are you covered?
- Safety: Have you registered your travel plans with smartraveller.gov.au and checked the latest safety advice on the region you're travelling to?
- Money: Have you told your bank you're going overseas, and do you know how you'll be paying for things in Malaysia?
- Booking: Have you booked accommodation for at least the first night?
- <u>Transport</u>: Do you know how you'll get from the airport to your accommodation?

- Getting around: Do you know how you'll get around Malaysia, and do you need to pre-book any tickets?
- Driving: If you're planning to drive in Malaysia, do you have an International Driving Permit? Is driving covered by your insurance?
- Phone: Have you switched off data roaming and voicemail? If you're planning to use a local or travel SIM, is your phone unlocked?
- Apps: Have you downloaded offline maps, travel apps or the CHOICE Malaysia Travel Guide onto your mobile?
- Medication (see over): If you're travelling with prescription medication, do you have the original packaging, prescriptions and a letter of explanation from your doctor?



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To pack

- Tickets
- Money (cash and cards)
- Passport
- A copy of your <u>travel insurance</u> details
- A list of <u>emergency contacts</u> at home and in Malaysia
- Your hotel address <u>written in Malaysian</u> (and any other important information such as food allergies)

- Chargers and a type G power adapter
- Mosquito repellent and mosquito-proof clothing
- Modest clothing that reaches to at least the knees and elbows
- Any regular medication in original packaging, with prescriptions and doctor's letter (see below)

Tip: You can bring medication into Malaysia as long as it's only for personal use. If you're bringing anything unusual like syringes, strong painkillers or prescription sleeping pills, make sure you have a letter of explanation from your doctor.

No matter where you travel, you should carry all medications (even vitamins) in their original packaging, along with their original prescription. It's also a good idea to carry a letter from your doctor explaining what the medications are (using generic names) and what they're for.

